

International Taekwondo Master Course in Denmark

AUG 31 ~2 ~ SEP 3, 2017

D	M	W	AM		PM			Evening
			09: 00 ~ 10: 20 1 ~ 2 Class	10: 40 ~ 12: 00 3 ~ 4 Class	13: 00 ~ 14: 20 5 ~ 6 Class	14: 40 ~ 16: 00 7 ~ 8 Class	16: 20 ~ 17: 40 9 ~ 10 Class	19: 00~20: 20 11 ~ 12 Class
31	8	THU	Registration	Registration	Orientation & Opening Ceremony Taekwondo Manners	Special Lecture(The role and mission of TKD Instructor)	Terms & Basic Movement of Taekwondo	Terms & Basic Movement of Taekwondo
1	9	FRI	Taekwondo Poomsae(Color Belt)	Taekwondo Poomsae(Color Belt)	Taekwondo Poomsae(Color Belt)	Taekwondo Poomsae(Color Belt)	Taekwondo Histroy	Taekwondo Poomsae (Black Belt)
2	9	SAT	Taekwondo Poomsae (Black Belt)	Taekwondo Poomsae (Black Belt)	Taekwondo Poomsae (Black Belt)	The Regulation of Poom/Dan Promotion Test	Taekwondo Gyeorugi	Taekwondo Gyeorugi
3	9	SUN	Taekwondo Gyeorugi	Taekwondo Gyeorugi	Written test, Poomsae test, Closing Ceremony			

※ The education starts 8:30 am, keep the time!

※ Lunch Break: 12:00~13: 00, Dinner Break: 17:40~19:00