## **Budo Nord Cup 2022 - Poomsae**

## Area 1 Area 2

09:00	Individual A / 41-50 years - Female
09:30	Team / A / 31+ years - Female
09:40	Individual A / 41-50 years - Male
09:55	Pair / B / -11 years
10:00	Pair / C / -11 years
10:05	Pair / C / 12-14 years
10:20	Pair / A / 31+ years
10:30	Individual A / 18-30 years - Male
11:10	Individual D / 31+ years - Male
11:20	Individual D / 31+ years - Female
11:25	Individual C / -11 years - Female
12:00	Lunchbreak
13:00	Freestyle / Individual / A / 18+ years Male
	Freestyle / Individual / A / 18+ years Male Individual C / 12-14 years - Female
13:10	•
13:10 13:50	Individual C / 12-14 years - Female
13:10 13:50 14:15	Individual C / 12-14 years - Female Individual B / 18-30 years - Female
13:10 13:50 14:15 14:45	Individual C / 12-14 years - Female Individual B / 18-30 years - Female Individual C / -11 years - Male
13:10 13:50 14:15 14:45 14:50	Individual C / 12-14 years - Female Individual B / 18-30 years - Female Individual C / -11 years - Male Individual B / -11 years - Male
13:10 13:50 14:15 14:45 14:50 15:00	Individual C / 12-14 years - Female Individual B / 18-30 years - Female Individual C / -11 years - Male Individual B / -11 years - Male Individual B / -11 years - Female
13:10 13:50 14:15 14:45 14:50 15:00	Individual C / 12-14 years - Female Individual B / 18-30 years - Female Individual C / -11 years - Male Individual B / -11 years - Male Individual B / -11 years - Female Individual B / 12-14 years - Male
13:10 13:50 14:15 14:45 14:50 15:00 15:20	Individual C / 12-14 years - Female Individual B / 18-30 years - Female Individual C / -11 years - Male Individual B / -11 years - Male Individual B / -11 years - Female Individual B / 12-14 years - Male Individual B / 15-17 years - Male
13:10 13:50 14:15 14:45 14:50 15:00 15:20 15:30 15:45	Individual C / 12-14 years - Female Individual B / 18-30 years - Female Individual C / -11 years - Male Individual B / -11 years - Male Individual B / -11 years - Female Individual B / 12-14 years - Male Individual B / 15-17 years - Male Individual B / 18-30 years - Male
13:10 13:50 14:15 14:45 14:50 15:00 15:20 15:30 15:45 16:00	Individual C / 12-14 years - Female Individual B / 18-30 years - Female Individual C / -11 years - Male Individual B / -11 years - Male Individual B / -11 years - Female Individual B / 12-14 years - Male Individual B / 15-17 years - Male Individual B / 18-30 years - Male Individual C / 15-17 years - Female

	Alea Z
09:00	Team / A / 18-30 years - Male
09:05	Team / B / 15+ years - Female
09:10	Team / C / -11 years - Female
09:15	Team / C / 12-14 years - Male
09:25	Individual A / 51-60 years - Male
09:40	Individual A / 51-60 years - Female
09:50	Individual A / 61-65 years - Male
09:55	Pair / A / 18-30 years
10:05	Pair / A / 12-14 years
10:10	Pair / A / 15-17 years
10:20	Pair / C / 15+ years
10:30	Pair / D / 12-14 years
10:40	Individual A / 31-40 years - Male
10:55	Individual A / 31-40 years - Female
11:00	Individual C / 31+ years - Male
	Individual C / 31+ years - Female
11:20	Individual B / 12-14 years - Female
12:00	Lunchbreak
13:10	Individual B / 15-17 years - Female
13:45	Individual A / 15-17 years - Female
14:15	Individual D / -11 years - Male
14:30	Individual D / -11 years - Female
14:55	Individual D / 12-14 years - Female
15:20	Individual D / 15-17 years - Female
15:25	Individual A / -11 years - Female
15:30	Individual A / 12-14 years - Male
15:40	Individual A / 15-17 years - Male
15:55	Individual C / 12-14 years - Male
16:15	Individual C / 15-17 years - Male
16:25	Individual C / 18-30 years - Female
16:30	Individual C / 18-30 years - Male
16:40	Finish