

# Tommerup Cup 2022 – Poomsae

*23 April 2022*

## Final Results

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 01. Individual A - 51-60 years - Female - Competitors: 3 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Britt Lange / / (DEN - Gangnam Sportstaekwondo Denmark)								
		A	1.9	1.9	1.8	2.3	2.2	5.77	11.70
		P	3.9	3.7	3.8	3.8	3.6		
		A	2.4	2.0	1.9	2.3	2.3	5.93	
		P	3.7	3.6	3.8	4.0	3.7		
2	Lisette Gonge / / (DEN - Chung Moo, Hinnerup Taekwondo Klub)								
		A	1.5	2.0	1.4	2.4	1.9	5.30	10.50
		P	3.6	3.5	3.6	3.4	3.0		
		A	1.5	1.7	1.6	1.9	1.9	5.20	
		P	3.4	3.5	3.5	3.7	3.2		
3	Jeanet Albrecht / / (DEN - Islev Taekwondo)								
		A	2.1	1.9	1.8	2.4	1.8	5.70	9.80
		P	3.8	3.8	3.7	3.8	3.5		
		A	0.5	1.2	1.1	0.8	0.6	4.10	
		P	3.2	3.3	3.3	3.5	2.2		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 01. Individual A - 51-60 years - Male - Competitors: 5 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total
1	Allan Olsen / / (DEN - Islev Taekwondo)	A 2.9	2.5	2.4	2.1	2.5	6.73	13.27
		P 4.3	4.3	4.5	4.0	4.2		
		A 2.3	2.4	2.3	2.2	2.3	6.53	
		P 4.2	4.3	4.3	4.2	4.1		
2	Preben Ernst / / (DEN - Århus taekwondo klub Chung Moo)	A 2.1	2.1	1.6	2.2	2.2	6.17	12.30
		P 4.0	4.1	4.3	4.0	3.9		
		A 2.0	1.5	2.2	2.2	2.4	6.13	
		P 4.1	4.0	4.0	4.0	4.0		
3	Hans Christensen / / (DEN - Herning Taekwondo Klub)	A 1.5	2.2	2.3	2.1	2.7	6.17	12.03
		P 3.9	4.2	4.0	4.0	3.9		
		A 1.6	2.4	1.6	1.9	2.0	5.87	
		P 4.0	4.1	3.7	4.1	4.0		
4	Tony H. B. Hansen / / (DEN - Bramming Taekwondo Taeyang)	A 1.5	1.8	1.4	1.5	2.4	5.37	10.87
		P 3.8	3.9	3.6	3.7	3.8		
		A 1.7	1.5	1.9	1.9	1.6	5.50	
		P 3.8	3.9	3.5	3.8	3.7		
5	Henrik Hentze / / (DEN - Svendborg Taekwondo Se Jong)	A 1.8	1.2	1.5	1.7	1.5	5.27	10.07
		P 3.7	3.7	3.6	3.7	3.7		
		A 0.4	1.1	1.4	1.3	1.3	4.80	
		P 3.6	3.6	3.5	3.7	3.5		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 02. Individual A - 41-50 years - Female - Competitors: 6 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total		
1	Lene Marie Kjær / / (DEN - Hwarang Taekwondo Herlev)	A	2.3	2.7	2.6	2.8	2.7	6.90	13.50	
		P	4.2	4.2	4.5	4.3	4.1			
		A	2.4	2.2	2.4	2.7	2.5	6.60		13.50
		P	4.1	4.2	4.5	4.2	4.1			
		<hr/>								
2	Helle Fyllgraf / / (DEN - Aarhus Syd Taekwondo)	A	1.8	2.2	2.0	2.1	2.2	5.93	11.53	
		P	3.8	3.9	3.7	3.9	3.8			
		A	1.5	2.1	1.6	1.8	2.2	5.60		11.53
		P	3.8	3.9	3.6	3.9	3.6			
		<hr/>								
3	Nana Juul Hansen / / (DEN - Chung Moo, Hinnerup Taekwondo Klub)	A	1.8	1.9	1.8	1.9	2.1	5.67	11.47	
		P	3.8	3.8	3.8	4.0	3.8			
		A	1.9	2.1	1.9	1.9	2.1	5.80		11.47
		P	3.8	3.8	4.0	3.9	3.7			
		<hr/>								
4	Diana Maria Nørgaard holm / / (DEN - Risskov)	A	1.4	1.6	1.7	2.4	2.1	5.70	11.33	
		P	3.8	3.9	3.9	3.9	4.0			
		A	1.7	2.0	1.5	1.6	2.1	5.63		11.33
		P	3.8	3.9	3.8	4.0	3.9			
		<hr/>								
5	Christina Christensen Hansen / / (DEN - Bramming Taekwondo Taeyang)	A	1.7	2.1	2.1	1.3	2.3	5.67	11.17	
		P	3.7	3.7	3.8	3.7	3.7			
		A	1.8	1.8	1.9	1.4	2.4	5.50		11.17
		P	3.7	3.6	3.6	3.7	3.8			
		<hr/>								
6	Anita Mejer / / (DEN - Frederikssund Taekwondo)	A	0.8	1.8	1.9	1.7	1.9	5.53	10.43	
		P	3.6	3.8	3.9	3.7	3.7			
		A	1.1	1.5	1.5	1.1	1.0	4.90		10.43
		P	3.7	3.7	3.7	3.6	3.4			
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# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 02. Individual A - 61-65 years - Male - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Jacob Frisholt / / (DEN - Slagelse Tong II)								
		A	1.1	1.4	1.3	1.6	1.8	4.93	9.83
		P	3.3	3.6	3.6	3.5	3.4		
		A	1.5	1.7	1.2	1.4	2.0	4.90	
		P	3.3	3.7	3.5	3.3	3.2		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 03. Individual A - 41-50 years - Male - Competitors: 5 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Jesper Nielsen / / (DEN - SOO-BAK Tommerup Taekwondo)	A	1.6	2.1	1.8	2.3	2.4	5.90	11.40
		P	3.7	3.9	3.8	3.9	3.8		
		A	1.5	1.7	1.3	2.4	1.9	5.50	
		P	3.4	4.0	3.6	3.9	3.9		
		2	Kim Maurice Nicolaisen / / (DEN - Islev Taekwondo)	A	1.9	1.7	1.7	2.3	
P	3.7			3.8	3.8	3.7	3.7		
A	2.0			1.7	2.1	2.2	1.3	5.73	
P	3.9			3.9	3.8	3.7	3.4		
3	Phillip Jedig Larsen / / (DEN - Team Odense Taekwondo)			A	1.8	1.7	1.3	2.5	2.3
		P	3.7	3.6	3.5	3.8	3.5		
		A	1.2	1.6	1.8	1.8	2.1	5.37	
		P	3.8	3.6	3.6	3.7	3.5		
		4	Kim Otto Precht / / (DEN - Hvidovre Poomsae Team)	A	1.9	2.1	1.7	2.3	2.3
P	3.7			3.8	3.5	3.6	3.6		
A	1.4			1.6	1.5	1.8	2.2	5.17	
P	3.6			3.5	3.6	3.5	3.4		
5	Johnny Jensen / / (DEN - Sin Sung Solrød)			A	0.2	0.3	1.2	1.6	1.9
		P	3.2	3.5	3.5	3.6	3.3		
		A	0.8	1.5	1.2	1.8	1.7	4.93	
		P	3.4	3.5	3.5	3.6	3.3		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 03. Individual C - 31+ years - Female - Competitors: 3 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Mette Sif Mortensen / / (DEN - SOO BAK Tommerup Taekwondo)	A	2.4	2.5	2.5	2.3	2.4	6.33	11.63
		P	3.6	3.9	3.9	3.9	3.9		
		A	1.4	2.0	1.9	1.3	0.8	5.30	
		P	3.7	3.8	3.8	3.8	3.4		
		2	Anisa Bazara Buskov / (DEN - Nyborg Chosen)	A	1.7	1.5	1.5	1.3	
P	3.5			3.6	3.5	3.6	3.5		
A	1.3			0.9	1.4	1.1	1.3	4.80	
P	3.5			3.6	3.4	3.6	3.6		
3	Nicole Bertelsen / / (DEN - SOO BAK Tommerup Taekwondo)			A	1.7	2.5	2.1	1.0	2.1
		P	3.6	3.9	3.6	3.7	3.9		
		A	0.1	0.6	0.5	0.5	0.9	3.97	
		P	3.2	3.5	3.1	3.6	3.7		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 04. Individual B - 31+ years - Female - Competitors: 2 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total
1	Anja Hagen Johansen / / (DEN - Bornholm Taekwondo Club HAE SUNG)							
		A	2.2	1.7	2.1	2.1	1.8	
		P	4.1	3.8	4.0	3.9	3.8	5.90
		A	1.4	1.9	2.2	2.2	1.9	
		P	4.1	3.8	3.9	4.0	3.7	5.90
2	Kristine Friis / / (DEN - Aarhus Syd Taekwondo)							
		A	1.9	1.5	2.1	2.0	2.2	
		P	3.8	3.8	3.8	3.9	3.8	5.80
		A	1.0	1.0	1.4	1.2	1.2	
		P	3.6	3.7	3.9	3.7	3.7	4.83



# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 04. Individual B - 31+ years - Male - Competitors: 2 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Nick Dahl Jacobsen / / (DEN - Bramming Taekwondo Taeyang)								
		A	2.0	2.3	2.3	2.2	2.6	6.20	12.37
		P	4.0	3.9	3.9	3.5	4.1		
		A	1.6	2.1	2.2	2.5	2.4	6.17	
		P	3.7	4.0	4.0	3.8	4.0		
2	Lars Corydon / / (DEN - SOO BAK Tommerup Taekwondo)								
		A	0.3	0.7	0.6	0.6	0.7	3.63	7.13
		P	3.0	3.4	3.2	2.7	2.8		
		A	0.3	0.2	0.5	0.5	1.3	3.50	
		P	3.1	3.2	3.4	2.4	2.9		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 05. Individual C - 31+ years - Male - Competitors: 2 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Martin Hougaard / / (DEN - Taekwondo Klub Do)	A	2.0	1.4	1.1	1.8	1.8	5.17	9.77
		P	3.7	3.7	3.6	3.2	2.8		
		A	1.4	1.2	1.1	0.9	1.7	4.60	
		P	3.5	3.7	3.6	3.0	3.0		
		2	Anders Lund / / (DEN - SOO BAK Tommerup Taekwondo)	A	1.6	2.6	1.6	1.7	
P	3.7			3.7	3.5	2.4	3.0		
A	1.6			1.1	0.9	1.8	1.2	4.57	
P	3.6			3.5	3.4	2.7	2.9		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 05. Individual D - 31+ years - Male - Competitors: 2 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Dan Koch-Hansen / / (DEN - Svendborg Taekwondo Se Jong)								
		A	2.5	2.1	2.4	2.2	2.2	6.37	12.70
		P	4.0	4.2	4.2	4.1	3.9		
		A	2.2	2.3	2.2	2.2	2.7	6.33	
		P	4.1	4.2	4.2	4.0	4.0		
2	Morten Østergaard / / (DEN - Brande Taekwondo Klub)								
		A	2.1	1.8	2.4	1.9	2.3	5.97	11.83
		P	3.7	4.1	3.9	3.9	3.8		
		A	2.0	2.0	1.8	1.9	2.2	5.87	
		P	3.6	4.1	4.0	3.9	3.8		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 06. Pair - A - 31+ years - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Kim Maurice & Jeanet / (DEN - Islev Taekwondo)								
		A	0.8	0.6	1.1	1.4	0.8	4.73	10.57
		P	4.2	3.6	3.9	3.9	3.7		
		A	2.0	1.1	2.5	2.1	1.9	5.83	
		P	4.0	3.6	3.7	3.9	3.9		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 06. Team - A - 31+ years - Female - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Lisette, Helle & Nana / (DEN - Chung Moo, Hinnerup Taekwondo Klub)								
		A	1.0	1.3	1.6	1.7	2.0	5.03	10.27
		P	3.3	3.2	3.6	3.8	3.6		
		A	1.4	2.0	1.7	1.8	2.2	5.23	
		P	3.1	3.1	3.5	3.8	3.6		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 07. Individual C - -11 years - Female - Competitors: 5 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Naja Curovac / / (DEN - Esbjerg Taekwondo Cheong Yong)	A	1.5	1.8	1.3	1.6	2.0	5.50	11.97
		P	4.1	3.9	3.9	3.6	3.8		
		A	2.4	2.6	2.2	2.0	2.7	6.47	
		P	4.2	4.1	4.0	3.8	4.1		
		2	Mie Hvid Jensen / / (DEN - Hvidovre Poomsae Team)	A	2.5	2.2	1.9	1.6	
P	3.9			3.5	3.9	3.6	3.6		
A	2.1			2.2	2.1	2.2	2.4	5.93	
P	3.9			3.5	3.8	3.7	3.8		
3	Linnea Sloth Øgendahl Svendsen / / (DEN - Fredericia)			A	1.0	2.1	1.5	1.6	2.1
		P	3.5	3.1	3.6	3.4	3.6		
		A	2.0	1.8	1.5	1.3	1.9	5.17	
		P	3.6	3.2	3.6	3.3	3.4		
		4	Laura Rasmussen / / (DEN - Fredericia)	A	0.7	1.8	1.2	1.0	1.8
P	3.4			3.6	3.8	3.4	3.7		
A	1.4			1.8	1.8	1.1	1.7	5.17	
P	3.5			3.4	3.7	3.5	3.6		
5	My Anine Dyg / / (DEN - Fredericia)			A	1.9	1.8	1.0	1.7	1.9
		P	3.7	3.6	3.5	3.6	3.6		
		A	1.4	1.1	0.6	1.1	1.5	4.60	
		P	3.6	3.4	3.0	3.3	3.5		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 07. Individual D - -11 years - Female - Competitors: 6 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Silja Koch-Hansen / / (DEN - Svendborg Taekwondo Se Jong)	A	2.2	2.4	2.3	2.4	1.8	6.20	12.27
		P	4.1	3.7	4.2	3.7	3.9		
		A	2.1	2.3	2.2	2.1	1.7	6.07	
		P	4.0	3.8	4.1	3.7	4.0		
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2	Freja Mathilde Ottesen / / (DEN - SOO BAK Tommerup Taekwondo)	A	2.4	2.3	1.7	2.5	2.0	6.03	11.97
		P	3.8	3.8	3.9	3.8	3.8		
		A	2.1	2.2	2.1	2.3	1.5	5.93	
		P	3.8	3.7	3.9	4.0	3.7		
		<hr/>							
3	Marie Hoffmark / / (DEN - SOO BAK Tommerup Taekwondo)	A	2.0	2.4	2.2	2.0	2.2	6.03	11.60
		P	3.6	3.8	4.1	3.8	4.1		
		A	1.7	2.1	1.6	1.9	1.9	5.57	
		P	3.6	3.6	3.9	3.8	3.8		
		<hr/>							
4	Jana Uqqar / / (DEN - Kolding Taekwondo Klub Sil'la)	A	2.1	1.9	2.1	2.1	1.5	5.87	11.50
		P	3.8	3.6	4.1	3.8	3.9		
		A	2.0	2.2	1.4	1.9	1.3	5.63	
		P	4.0	3.7	3.9	3.9	3.8		
		<hr/>							
5	Chili Gry Tofte Christensen / / (DEN - Slagelse Tong II)	A	1.8	2.1	1.2	2.2	1.7	5.67	11.00
		P	3.8	3.8	3.8	3.8	3.8		
		A	1.5	2.0	1.4	1.7	1.5	5.33	
		P	3.8	3.7	3.8	3.7	3.9		
		<hr/>							
6	Gry Mose / / (DEN - SOO BAK Tommerup Taekwondo)	A	1.6	1.9	1.9	2.0	1.5	5.60	10.97
		P	3.7	3.7	3.9	3.8	3.9		
		A	1.5	1.9	1.8	1.6	1.6	5.37	
		P	3.7	3.7	3.8	3.7	3.7		
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# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 08. Individual C - -11 years - Male - Competitors: 3 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Philip Marinus Radich-Holde / / (DEN - Risskov)	A	2.0	1.9	2.2	2.2	2.0	5.97	11.97
		P	3.8	3.8	4.0	4.0	3.9		
		A	2.1	2.1	1.8	1.8	2.1	6.00	
		P	3.8	3.8	4.1	4.3	4.1		
2	Theodor Bodekær Villadsen / / (DEN - Hwarang Taekwondo Herlev)	A	2.0	1.3	1.8	1.8	1.4	5.40	11.40
		P	3.8	3.7	3.8	3.7	3.7		
		A	2.1	2.3	2.0	2.9	2.1	6.00	
		P	3.8	3.7	3.8	3.9	3.9		
3	ChristianSkov Christensen / / (DEN - Svendborg Taekwondo Se Jong)	A	1.5	1.3	0.6	0.8	1.0	4.60	8.73
		P	3.5	3.6	3.8	3.4	3.6		
		A	0.4	1.0	1.1	0.5	0.5	4.13	
		P	3.4	3.4	3.6	3.2	3.6		



# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 08. Individual D - -11 years - Male - Competitors: 5 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Elias Au-Nguyen / / (DEN - Hwarang Taekwondo Herlev)	A	2.4	2.2	2.1	2.1	2.3	6.00	12.07
		P	4.0	3.5	3.9	3.8	3.7		
		A	2.3	2.1	2.1	2.2	2.2	6.07	
		P	4.0	3.7	4.0	3.8	3.9		
		2	Patrick Østergaard / / (DEN - Brande Taekwondo Klub)	A	2.1	1.5	1.7	1.3	
P	3.7			3.0	3.6	3.5	3.7		
A	1.9			2.1	1.8	1.5	2.5	5.57	
P	3.7			3.3	3.6	3.6	3.7		
3	Kevin Balken / / (DEN - Kolding Taekwondo Klub Sil'la)			A	1.5	1.7	1.2	1.7	1.9
		P	3.6	3.4	3.5	3.6	3.6		
		A	1.8	2.4	1.6	1.6	2.0	5.33	
		P	3.5	3.4	3.5	3.6	3.7		
		4	Max Grosse-Shütte / / (DEN - Fredericia)	A	1.0	2.3	1.6	0.9	2.0
P	3.4			3.1	3.6	3.3	3.5		
A	1.6			1.6	1.9	1.3	2.1	5.13	
P	3.4			3.2	3.5	3.4	3.5		
5	Erik Jessen / / (DEN - Gangnam Sportstaekwondo Denmark)			A	1.1	1.0	1.1	1.3	1.1
		P	3.6	3.1	3.4	3.7	3.5		
		A	1.9	1.0	2.1	1.8	2.2	5.43	
		P	3.6	3.1	3.4	3.5	3.6		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 09. Individual B - -11 years - Female - Competitors: 3 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Shiri Ginnerup / / (DEN - Gangnam Sportstaekwondo Denmark)	A	1.7	1.7	1.5	1.5	2.0	5.50	11.40
		P	3.8	3.9	3.9	3.8	4.1		
		A	1.9	2.0	1.8	1.6	2.0	5.90	
		P	3.8	4.1	4.1	3.8	4.2		
2	Sofie Heller Esberg / / (DEN - Gangnam Sportstaekwondo)	A	1.4	1.7	1.6	2.1	2.0	5.43	10.97
		P	3.6	3.5	3.7	3.8	3.7		
		A	1.8	1.8	1.3	1.8	1.8	5.53	
		P	3.6	3.4	3.8	3.8	3.8		
3	Filippa Blædel / / (DEN - Gangnam Sportstaekwondo Denmark)	A	1.4	1.9	1.5	1.2	1.1	5.13	10.23
		P	3.7	3.8	3.9	3.7	3.8		
		A	1.2	1.7	1.6	1.1	1.3	5.10	
		P	3.6	3.8	3.8	3.6	3.8		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 09. Pair - C - -11 years - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Linnea & My Anine / (DEN - Fredericia)								
		A	1.3	1.6	1.2	1.6	1.5	5.13	10.10
		P	3.7	3.6	3.7	3.7	3.6		
		A	2.0	1.1	1.5	1.3	1.3	4.97	
		P	3.7	3.5	3.6	3.6	3.6		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 10. Individual B - -11 years - Male - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Caspian Matin / / (DEN - Gangnam Sportstaekwondo Denmark)								
		A	1.2	0.1	1.3	1.7	1.3	4.83	9.50
		P	3.3	3.6	3.5	3.6	3.6		
		A	1.4	1.1	0.6	1.3	1.3	4.67	
		P	3.5	3.5	3.4	3.3	3.4		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 10. Individual B - 12-14 years - Male - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Gustav Bonde Andersen / / (DEN - Islev Taekwondo)								
		A	2.1	2.0	1.7	1.5	1.0	5.37	10.27
		P	3.7	3.6	3.7	3.6	3.6		
		A	2.1	1.2	1.6	1.1	1.2	4.90	
		P	3.8	3.4	3.6	3.5	3.6		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 11. Pair - B - -11 years - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Filippa & Caspian / (DEN - Gangnam Sportstaekwondo Denmark)								
		A	1.2	2.0	1.8	1.8	2.0	5.50	10.47
		P	3.4	3.6	3.6	3.7	3.8		
		A	0.4	1.7	1.2	1.6	1.6	4.97	
		P	3.4	3.3	3.5	3.6	3.8		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 11. Team - C - -11 years - Female - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	My Anine, Linnea & Laura / (DEN - Fredericia)								
		A	2.5	2.1	2.2	1.9	1.8	5.80	11.33
		P	3.8	3.5	3.9	3.7	3.7		
		A	1.8	2.1	2.1	1.6	1.2	5.53	
		P	3.7	3.6	3.8	3.7	3.7		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 12. Individual C - 12-14 years - Male - Competitors: 5 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Isaac Rask Drube / / (DEN - Hwarang Taekwondo Herlev)	A	2.4	2.5	2.5	1.9	2.2	6.20	12.60
		P	3.9	3.8	4.0	3.8	3.8		
		A	2.6	2.6	2.5	2.3	2.3	6.40	
		P	3.9	3.8	4.2	4.0	3.9		
2	Andreas Rechendorff / / (DEN - Risskov)	A	2.4	2.5	2.6	1.8	2.1	6.30	12.23
		P	4.0	4.1	4.0	3.9	3.7		
		A	2.2	2.3	2.2	0.9	1.9	5.93	
		P	3.9	3.9	3.7	3.8	3.8		
3	Anton Bastholm Henriksen / / (DEN - Risskov)	A	1.9	2.1	1.9	1.9	1.9	5.63	11.67
		P	3.7	3.7	3.8	4.0	3.7		
		A	2.6	2.3	2.3	2.2	1.8	6.03	
		P	3.8	3.8	3.7	4.0	3.7		
4	David Birch Poss / / (DEN - Islev Taekwondo)	A	1.7	2.2	2.2	1.6	1.9	5.67	11.57
		P	3.6	3.8	3.8	3.7	3.7		
		A	2.4	2.3	2.4	1.8	1.9	5.90	
		P	3.6	3.7	3.9	3.8	3.6		
5	Marius Ejstrup / / (DEN - Yong Do Kwan Taekwondo)	A	1.6	1.3	1.4	1.3	1.4	4.77	10.07
		P	3.4	3.4	3.4	3.5	3.4		
		A	1.8	1.9	1.8	1.8	1.5	5.30	
		P	3.3	3.6	3.4	3.7	3.5		



# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 12. Individual D - 12-14 years - Female - Competitors: 3 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Alberte Lindblad / / (DEN - Bornholm Taekwondo Club HAE SUNG)	A	2.5	2.6	2.2	2.2	2.5	6.33	12.80
		P	4.0	3.9	3.9	3.9	4.0		
		A	2.7	2.7	2.5	2.1	2.3	6.47	
		P	4.0	3.9	3.9	4.0	4.0		
		2	Helena Angela Heineke / / (DEN - Gangnam Sportstaekwondo Denmark)	A	1.6	2.0	1.9	1.6	
P	3.7			3.9	3.8	4.1	4.0		
A	2.2			2.3	2.0	2.3	2.0	6.07	
P	3.9			3.9	3.9	3.9	4.0		
3	Emmelie Sophia Flohr Gummer / / (DEN - Ikast Taekwondo klub)			A	2.0	1.9	2.1	1.7	2.2
		P	3.7	3.6	4.0	3.6	3.6		
		A	1.7	1.7	1.3	1.4	1.5	5.17	
		P	3.7	3.5	3.8	3.6	3.6		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 13. Pair - C - 12-14 years - Competitors: 3 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Emma & Isaac / (DEN - Hwarang Taekwondo Herlev)	A	2.6	2.6	2.5	2.0	2.2	6.43	12.73
		P	4.1	4.1	3.9	3.9	4.0		
		A	2.5	2.7	2.1	2.0	2.2	6.30	
		P	4.1	4.1	3.9	4.0	4.0		
2	Mille Bille & Naja / (DEN - Skanderborg Moo Sa)	A	2.5	2.6	2.1	1.7	2.3	6.27	12.53
		P	4.2	4.0	3.5	3.9	4.0		
		A	2.6	2.7	2.2	2.2	2.0	6.27	
		P	4.1	4.1	3.6	3.8	3.9		
3	Nathalie & Kaya Hasse / (DEN - Islev Taekwondo)	A	2.0	2.5	1.9	1.7	1.8	5.67	11.20
		P	3.6	3.9	3.4	3.8	3.9		
		A	1.9	2.0	2.3	1.7	1.6	5.53	
		P	3.6	3.7	3.5	3.9	3.7		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 13. Pair - D - 12-14 years - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Erik-P & Helena Angela / (DEN - Gangnam Sportstaekwondo Denmark)								
		A	2.1	2.0	1.6	1.5	1.3	5.33	10.93
		P	3.7	3.5	3.6	3.7	3.6		
		A	2.1	2.0	2.2	1.9	1.9	5.60	
		P	3.8	3.5	3.6	3.6	3.6		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 14. Individual A - 12-14 years - Male - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Sebastian Lillie (DEN - Gangnam Sportstaekwondo Denmark)								
		A	1.5	2.2	2.1	1.4	1.7	5.50	10.40
		P	3.5	3.8	4.0	3.8	3.6		
		A	1.3	1.3	1.4	0.9	1.3	4.90	
		P	3.5	3.6	3.8	3.7	3.5		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 14. Team - D - 12-14 years - Female - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total
1	Cecilie, Frida & Malika / (DEN - SOO BAK Tommerup Taekwondo)							
		A	0.8	1.3	0.9	0.9	0.8	
		P	3.5	3.3	3.5	3.5	3.5	4.37
		A	1.2	0.9	0.7	1.0	1.1	
		P	3.6	3.3	3.5	3.5	3.5	4.50
								8.87

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 15. Individual B - 15-17 years - Female - Competitors: 10 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Anemone Linderoth / / (DEN - Risskov)	A	2.6	2.3	2.2	2.5	1.8	6.40	12.83
		P	4.2	4.1	4.1	3.9	4.0		
		A	2.4	2.2	2.1	2.7	2.4	6.43	
		P	4.2	4.0	4.1	4.1	4.1		
2	Eva Høgh / / (DEN - Risskov)	A	2.3	2.1	2.2	2.3	2.3	6.30	12.63
		P	4.0	4.0	4.1	4.0	4.2		
		A	2.3	1.7	2.2	2.5	2.5	6.33	
		P	3.9	3.9	4.1	4.1	4.0		
3	Adna Kovacevic / / (DEN - Kolding Taekwondo Klub Sil'la)	A	2.1	1.8	2.0	2.2	2.3	6.03	12.27
		P	4.0	4.0	3.9	3.9	3.8		
		A	2.1	2.1	2.1	2.6	2.6	6.23	
		P	4.0	3.9	4.0	3.9	4.0		
4	Lærke Baltzersen / / (DEN - Brande Taekwondo Klub)	A	1.8	1.9	1.8	2.5	2.2	5.87	11.90
		P	3.8	3.9	3.9	4.0	3.9		
		A	2.3	2.1	1.9	2.2	2.3	6.03	
		P	3.7	3.8	3.9	3.9	3.8		
5	Jessica Koefoed-Precht / / (DEN - Hvidovre Poomsae Team)	A	2.0	1.8	1.8	2.4	1.8	5.70	11.77
		P	3.9	3.6	3.8	3.9	3.8		
		A	2.3	2.2	1.9	2.5	2.2	6.07	
		P	3.9	3.7	3.9	3.8	3.8		
6	Anna Faarvang Hansen / / (DEN - Skanderborg Moo Sa)	A	1.6	1.7	1.8	2.6	2.2	5.73	11.43
		P	3.8	3.9	3.8	4.1	3.7		
		A	1.8	1.8	1.7	2.2	2.4	5.70	
		P	3.7	3.8	3.7	4.0	3.8		
7	Louise Pedersen / / (DEN - Fredericia)	A	1.3	1.7	2.0	2.3	1.6	5.43	10.90
		P	3.5	3.7	3.5	3.9	3.8		
		A	2.1	1.5	1.8	2.1	1.3	5.47	
		P	3.6	3.6	3.8	3.8	3.5		
8	Linea Haar / / (DEN - Slagelse Tong II)	A	1.3	1.7	1.6	2.0	1.7	5.30	10.70
		P	3.4	3.7	3.6	3.8	3.6		
		A	1.6	1.5	1.3	2.1	2.2	5.40	
		P	3.5	3.6	3.6	3.8	3.8		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 15. Pair - A - 12-14 years - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Shiri-P & Sebastian Axel / (DEN - Gangnam Sportstaekwondo Denmark)								
		A	1.1	0.7	0.8	0.8	1.0	4.47	8.97
		P	3.9	3.4	3.5	3.6	3.7		
		A	0.9	0.9	0.7	1.9	1.1	4.50	
		P	3.8	3.4	3.5	3.5	3.6		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 16. Individual A - 15-17 years - Female - Competitors: 9 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Annebell Tamayo Wittendorff Ibsen / / (DEN - Gangnam Sportstaekwondo Denmark)	A	2.7	2.7	2.4	2.5	2.7	7.00	13.97
		P	4.3	4.6	4.3	4.4	4.4		
		A	2.5	2.1	2.7	2.5	2.8	6.97	
		P	4.5	4.4	4.4	4.4	4.4		
		2	Laura Isabel Nancke / / (DEN - Skanderborg Moo Sa)	A	2.6	2.7	2.7	2.4	
P	4.4			4.3	4.3	4.3	4.0		
A	2.6			2.5	2.7	2.4	2.7	6.90	
P	4.5			4.4	4.3	4.2	4.1		
3	Signe Damgaard / / (DEN - Skanderborg Moo Sa)			A	2.6	2.6	2.7	2.4	2.5
		P	4.2	4.2	4.2	4.3	4.1		
		A	2.4	2.4	2.7	2.1	2.5	6.47	
		P	4.0	4.0	4.1	4.1	4.0		
		4	Alexandra Cotiga / / (DEN - Gangnam Sportstaekwondo Denmark)	A	2.4	2.7	2.5	2.6	2.5
P	3.8			4.1	4.1	4.2	4.1		
A	2.4			2.3	2.5	2.3	2.4	6.37	
P	3.9			4.0	4.0	4.1	4.0		
5	Liv Kældsø Poulsen / / (DEN - Team Odense Taekwondo)			A	2.4	2.7	2.4	2.2	2.5
		P	4.2	4.0	4.1	4.0	4.0		
		A	2.2	2.3	2.5	2.1	2.6	6.33	
		P	3.8	4.0	4.1	4.0	4.0		
		6	Nanna Bonnichsen / / (DEN - Aabenraa Taekwondo Klub)	A	2.4	2.3	2.6	2.2	2.4
P	4.0			3.9	3.9	3.9	4.0		
A	2.2			2.0	2.5	2.4	2.6	6.30	
P	3.9			3.9	3.8	4.0	4.1		
7	Maria Faarkrog-Søgaard / / (DEN - Skive Taekwondo Club)			A	2.3	2.2	2.4	2.2	2.7
		P	3.8	4.0	4.0	4.0	4.1		
		A	2.0	2.3	2.4	2.1	2.6	6.20	
		P	3.9	3.8	4.1	3.9	4.0		
		8	Amalie Pedersen / / (DEN - Chung Moo, Hinnerup Taekwondo Klub)	A	2.1	2.6	2.3	2.0	2.1
P	3.7			4.0	3.7	3.8	3.9		
A	2.1			1.9	2.2	2.1	2.4	5.93	
P	3.7			3.8	3.6	3.9	4.0		



# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 17. Individual C - 12-14 years - Female - Competitors: 11 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Emma Au-Nguyen / / (DEN - Hwarang Taekwondo Herlev)	A	2.4	2.6	2.5	2.6	2.5	6.67	13.50
		P	4.0	4.2	3.9	4.2	4.4		
		A	2.3	2.7	2.7	2.6	2.8	6.83	
		P	4.1	4.2	4.0	4.2	4.3		
		2	Mille Bille Simonsen / / (DEN - Skanderborg Moo Sa)	A	2.4	2.5	2.3	2.3	
P	3.9			4.1	4.0	4.1	4.0		
A	2.3			2.1	2.5	2.3	2.1	6.27	
P	4.1			4.0	4.0	4.0	4.1		
3	Naja Nancke / / (DEN - Skanderborg Moo Sa)			A	2.3	2.0	2.2	2.1	2.2
		P	3.9	3.9	3.9	3.9	4.3		
		A	2.0	2.6	1.9	1.9	2.5	6.00	
		P	3.8	3.9	3.8	4.0	3.9		
		4	Nathalie Lütken / / (DEN - Islev Taekwondo)	A	2.0	2.2	1.2	1.8	1.2
P	3.7			3.9	3.6	3.8	3.8		
A	1.9			2.3	2.4	2.0	1.9	5.90	
P	3.6			3.9	3.8	3.8	4.0		
5	Julie Balken / / (DEN - Kolding Taekwondo Klub Sil'la)			A	1.8	2.0	2.1	2.0	1.3
		P	3.7	3.7	3.8	3.8	3.7		
		A	1.4	1.5	2.1	2.0	1.2	5.30	
		P	3.7	3.6	3.7	3.7	3.3		
		6	Freja Hjarsbæk Bach Hansen / / (DEN - Skanderborg Moo Sa)	A	1.7	1.4	1.6	1.8	1.2
P	3.7			3.7	3.8	3.8	3.6		
A	1.6			2.3	2.2	1.6	1.6	5.43	
P	3.6			3.6	3.7	3.8	3.6		
7	Kaya Hasse Fortner / / (DEN - Islev Taekwondo)			A	1.8	1.4	1.6	1.2	1.5
		P	3.7	3.6	3.6	3.6	3.5		
		A	1.6	1.8	2.2	1.5	1.8	5.37	
		P	3.6	3.6	3.8	3.6	3.7		
		8	Yen Pham / / (DEN - Yong Do Kwan Taekwondo)	A	0.1	0.0	0.1	0.1	0.1
P	1.5			1.5	1.5	1.5	1.5		
A	2.0			2.1	2.2	1.6	1.6	5.67	
P	3.8			3.6	3.8	3.9	3.7		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 17. Individual C - 15-17 years - Female - Competitors: 5 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Julie Ladegaard Kyneb / / (DEN - Skanderborg Moo Sa)	A	2.2	2.2	1.8	2.0	2.3	5.90	11.97
		P	4.0	3.8	3.7	3.8	3.5		
		A	2.5	2.2	2.1	2.0	2.5	6.07	
		P	3.9	3.7	3.6	3.9	3.8		
2	Lotte Holgaard Jensen / / (DEN - Skanderborg Moo Sa)	A	1.6	1.9	2.0	1.9	2.4	5.73	11.87
		P	3.8	3.8	3.9	3.8	3.8		
		A	2.6	2.4	2.3	2.0	2.2	6.13	
		P	3.9	3.8	3.8	3.9	3.7		
3	Nicca Bøgh / / (DEN - Yong Do Kwan Taekwondo)	A	2.4	2.0	2.0	1.9	1.8	5.67	11.47
		P	3.6	3.7	3.8	3.8	3.6		
		A	2.2	1.8	2.0	1.9	2.2	5.80	
		P	3.6	3.7	3.9	3.9	3.7		
4	Silje Lunding / / (DEN - Kolding Taekwondo Klub Sil'la)	A	1.6	2.1	1.9	1.5	2.3	5.47	11.03
		P	3.5	3.7	3.6	3.4	3.7		
		A	2.2	2.2	2.0	1.4	2.0	5.57	
		P	3.5	3.5	3.6	3.5	3.5		
5	Michèle Andersen / / (DEN - Aarhus Syd Taekwondo)	A	1.2	0.9	1.1	1.1	1.4	4.63	9.77
		P	3.4	3.6	3.5	3.5	3.5		
		A	1.7	1.6	1.7	0.9	1.6	5.13	
		P	3.5	3.5	3.5	3.4	3.5		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 18. Individual B - 12-14 years - Female - Competitors: 3 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Ellen Roholt / / (DEN - Risskov)	A	2.2	2.3	2.6	2.3	2.3	6.33	12.20
		P	4.0	4.3	4.1	4.0	4.0		
		A	1.8	1.9	2.0	2.3	1.9	5.87	
		P	4.0	3.7	4.2	3.9	3.9		
		2	Luna Hjort / / (DEN - Vejle Taekwondo Klub)	A	2.2	1.4	2.1	1.8	
P	4.2			3.8	3.8	3.9	3.9		
A	2.0			1.9	1.9	2.1	2.1	5.90	
P	4.1			3.9	3.9	3.9	3.9		
3	Emilie Lametsch / / (DEN - Hwarang Taekwondo Herlev)			A	1.6	1.5	1.9	1.9	1.8
		P	3.7	3.9	3.8	3.8	3.7		
		A	1.8	1.2	1.4	1.8	1.5	5.20	
		P	3.6	3.6	3.7	3.8	3.6		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 18. Individual C - 15-17 years - Male - Competitors: 2 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Andreas Thorkildsen / / (DEN - Ikast Taekwondo klub)	A	2.1	1.9	1.9	1.7	1.9	5.60	11.47
		P	3.6	3.8	3.8	3.7	3.5		
		A	2.3	2.5	2.4	1.8	1.9	5.87	
		P	3.6	3.7	3.9	3.7	3.6		
2	Kadem Bader / / (DEN - Kolding Taekwondo Klub Sil'la)	A	1.6	1.7	2.2	1.8	1.5	5.47	10.70
		P	3.4	3.9	3.9	3.9	3.5		
		A	1.2	2.0	1.6	1.5	1.7	5.23	
		P	3.4	3.9	3.8	3.6	3.5		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 19. Individual A - 15-17 years - Male - Competitors: 4 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Lucas Glass Nicolaisen / / (DEN - Islev Taekwondo)	A	2.4	2.4	2.7	2.4	2.6	6.80	13.33
		P	4.5	4.5	4.2	4.2	4.3		
		A	2.3	2.1	2.5	2.2	2.3	6.53	
		P	4.3	4.3	4.0	4.2	4.3		
		<hr/>							
2	Alexandar Larsen / / (DEN - Aalborg Taekwondo)	A	2.5	1.9	2.7	2.5	2.4	6.60	12.90
		P	4.2	4.3	4.1	4.1	3.9		
		A	2.2	1.9	2.4	2.6	2.4	6.30	
		P	3.9	3.9	4.1	4.1	3.9		
		<hr/>							
3	Mathias Nielsen / / (DEN - Brande Taekwondo Klub)	A	2.2	1.8	2.4	2.3	1.8	6.13	12.30
		P	4.0	3.9	4.1	4.2	4.0		
		A	1.9	1.7	2.6	2.6	2.2	6.17	
		P	3.8	3.7	4.1	4.1	3.9		
		<hr/>							
4	Lukas Kristiansen / / (DEN - Kolding Taekwondo Klub Sil'la)	A	1.4	1.2	1.5	2.1	1.3	5.17	10.33
		P	3.6	3.7	3.8	3.9	3.8		
		A	1.8	1.0	1.3	1.5	1.5	5.17	
		P	3.7	3.6	3.8	3.9	3.7		
		<hr/>							

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 19. Pair - C - 15+ years - Competitors: 2 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Erik & Gittemarie / (DEN - Aalborg Taekwondo)	A	2.4	1.9	2.3	1.3	2.1	5.80	11.40
		P	3.8	3.7	3.9	3.6	3.6		
		A	1.7	2.5	1.7	1.9	1.9	5.60	
		P	3.7	3.8	3.8	3.8	3.6		
2	Mette Sif & Anders / (DEN - SOO BAK Tommerup Taekwondo)	A	1.9	2.0	2.5	1.7	2.2	5.77	10.87
		P	3.8	3.7	3.7	3.8	3.7		
		A	1.5	1.4	1.4	1.8	1.5	5.10	
		P	3.6	3.7	3.6	3.7	3.5		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 20. Individual B - 15-17 years - Male - Competitors: 3 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Thomas Lynge Hansen / / (DEN - Risskov)	A	2.1	2.2	2.3	2.3	1.9	6.13	12.43
		P	4.0	3.9	4.1	3.9	3.8		
		A	2.2	2.6	2.2	2.3	2.3	6.30	
		P	4.1	4.2	4.1	3.9	3.9		
2	Lucas Birch Poss / / (DEN - Islev Taekwondo)	A	1.8	1.7	1.8	1.9	0.9	5.50	10.77
		P	3.8	3.9	3.8	3.6	3.5		
		A	1.9	1.6	1.5	1.8	1.2	5.27	
		P	3.6	3.9	3.8	3.5	3.5		
3	Mads Vessel / / (DEN - Aarhus Syd Taekwondo)	A	0.9	1.2	1.1	1.9	1.4	4.83	10.23
		P	3.5	3.6	3.6	3.6	3.7		
		A	1.0	1.8	1.4	2.2	2.0	5.40	
		P	3.6	3.7	3.6	3.7	3.7		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 20. Individual B - 18-30 years - Male - Competitors: 2 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Max Nielsen / / (DEN - Aarhus Syd Taekwondo)	A	0.3	0.9	0.5	1.5	0.3	3.90	8.63
		P	3.3	3.4	3.3	3.5	3.0		
		A	0.5	1.6	1.6	0.7	1.5	4.73	
		P	3.5	3.6	3.5	3.4	3.3		
2	Johan Soll / / (DEN - Lyngby Taekwondo Klub)	A	0.4	0.4	0.4	1.3	0.4	3.63	7.37
		P	3.2	3.3	3.2	3.3	3.0		
		A	0.4	0.2	1.0	0.6	0.4	3.73	
		P	3.3	3.2	3.3	3.3	3.0		



# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 21. Individual C - 18-30 years - Female - Competitors: 3 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total
1	Gittermarie Johansen / / (DEN - Aalborg Taekwondo)							
		A	2.1	1.7	2.3	2.1	1.9	
		P	3.7	3.8	3.8	3.8	3.4	5.80
		A	1.9	2.0	2.1	2.0	1.9	
		P	3.7	3.7	3.7	3.8	3.6	5.67
2	Josefine Karna Corfits Johansen / / (DEN - Skanderborg Moo Sa)							
		A	2.0	1.9	2.4	1.9	2.1	
		P	3.9	3.6	3.9	3.8	3.7	5.80
		A	2.1	1.8	1.6	1.6	1.9	
		P	3.9	3.7	3.7	3.8	3.6	5.50
3	An Nguyen / / (DEN - Nyborg Chosen)							
		A	2.2	2.0	2.0	2.0	1.8	
		P	3.2	3.9	3.7	3.9	3.6	5.73
		A	1.4	1.5	1.7	1.9	1.5	
		P	3.1	3.6	3.6	3.9	3.5	5.13

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 21. Individual D - 15-17 years - Female - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total
1	Ishanya Singh / / (DEN - Kolding Taekwondo Klub Sil'la)							
	A	1.8	2.4	2.6	2.6	2.2	6.30	12.57
	P	3.9	3.9	3.9	3.9	4.1		
	A	2.2	2.6	2.2	2.5	2.5	6.27	
	P	3.8	3.7	3.9	3.9	4.1		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 22. Pair - A - 15-17 years - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Maria & Mathias / (DEN - Brande Taekwondo Klub)								
		A	2.3	2.1	2.0	2.5	2.2	6.10	11.67
		P	3.8	4.0	3.8	3.9	4.0		
		A	1.6	1.4	1.8	2.1	1.5	5.57	
		P	3.9	3.7	4.1	3.9	4.0		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 22. Team - A - 18-30 years - Male - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Ryan, Dan & Mikkel / (DEN - Hwarang Taekwondo Herlev)								
		A	2.1	1.9	2.5	2.2	2.5	6.33	12.57
		P	3.9	3.9	4.2	4.1	4.2		
		A	2.0	2.2	2.4	2.1	2.6	6.23	
		P	3.8	4.0	4.1	4.0	4.0		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 23. Pair - B - 15+ years - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Anemone & Thomas Lynge / (DEN - Risskov)								
		A	2.4	1.8	1.9	2.4	2.1	6.10	12.07
		P	3.9	4.0	4.0	4.0	3.9		
		A	2.1	1.8	2.0	2.2	2.1	5.97	
		P	3.9	3.9	3.8	3.9	4.0		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 23. Team - A - 18-30 years - Female - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Frederikke, Sascha & Anna / (DEN - Aalborg Taekwondo)								
		A	2.2	1.9	2.1	2.0	2.2	6.00	11.90
		P	3.6	3.9	3.9	3.9	3.9		
		A	1.8	2.0	2.5	1.9	2.4	5.90	
		P	3.8	3.7	3.8	3.8	4.0		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 24. Freestyle - Individual - A - -17 years Male - Competitors: 1 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total
1	Mathias Nielsen / / (DEN - Brande Taekwondo Klub)							
		A	1.0	1.5	1.3	2.3	1.7	
		P	1.4	2.0	1.0	1.5	1.7	3.03
								3.03

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 24. Individual A - 18-30 years - Female - Competitors: 7 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total
1	Sofie Ahlquist Rimbækklund Nielsen / / (DEN - Islev Taekwondo)							
	A	2.6	2.7	2.6	2.3	2.7	6.83	13.57
	P	4.3	4.2	4.2	3.9	4.2		
	A	2.3	2.7	2.7	2.3	2.7	6.73	
	P	4.2	4.1	4.4	4.0	4.2		
2	Michelle Sejersgaard-Jacobsen / / (DEN - Hwarang Taekwondo Herlev)							
	A	2.7	2.2	1.6	2.5	2.5	6.50	13.10
	P	4.4	4.0	4.0	4.2	4.1		
	A	2.3	2.5	1.8	2.5	2.4	6.60	
	P	4.4	4.1	4.2	4.3	4.0		
3	Sascha Glerup / / (DEN - Aalborg Taekwondo)							
	A	2.2	2.4	2.2	2.5	2.3	6.33	12.50
	P	4.1	4.0	4.4	4.0	4.0		
	A	2.1	2.5	2.0	2.3	2.3	6.17	
	P	4.0	3.8	3.9	3.9	4.0		
4	Line Holm Jensen / / (DEN - Islev Taekwondo)							
	A	2.4	2.6	1.7	2.3	2.5	6.30	12.47
	P	3.9	3.9	3.9	3.9	4.0		
	A	2.4	2.3	2.1	2.2	2.3	6.17	
	P	4.0	3.9	3.8	3.9	3.9		
5	Anna Larsen / / (DEN - Aalborg Taekwondo)							
	A	2.0	2.1	1.9	2.2	2.3	6.10	11.83
	P	4.0	3.9	4.1	4.0	4.0		
	A	1.6	1.9	1.5	2.1	2.3	5.73	
	P	3.8	3.7	3.8	4.0	4.0		
6	Frederikke Johansen / / (DEN - Aalborg Taekwondo)							
	A	1.1	1.6	1.3	2.1	2.2	5.47	11.53
	P	3.8	3.6	3.8	3.8	3.9		
	A	1.8	2.5	2.0	2.4	2.3	6.07	
	P	3.8	3.8	3.6	4.0	3.9		
7	Basma Al-Awaja / / (DEN - SOO)							
	A	1.7	1.0	1.1	2.4	2.0	5.43	10.93
	P	3.9	3.7	3.7	3.9	3.9		
	A	1.8	1.1	1.2	2.2	2.1	5.50	
	P	3.8	3.7	3.6	3.9	3.9		



# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 25. Individual A - 18-30 years - Male - Competitors: 7 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total		
1	Mikkel Wellejus Dybæk / / (DEN - Hwarang Taekwondo Herlev)	A	2.5	2.7	1.8	2.8	2.5	6.73	13.07	
		P	4.2	4.3	4.1	4.1	4.2			
		A	2.0	2.5	2.0	2.5	2.5	6.33		13.07
		P	4.0	4.0	3.8	4.0	4.1			
		<hr/>								
2	Dan Oudom Ou / / (DEN - Hwarang Taekwondo Herlev)	A	2.1	2.4	2.1	2.3	2.4	6.40	12.53	
		P	4.1	4.1	4.2	4.2	4.1			
		A	2.0	2.1	2.1	2.2	2.5	6.13		12.53
		P	4.0	4.0	3.6	4.2	4.0			
		<hr/>								
3	Mathias Bak / / (DEN - Skive Taekwondo Club)	A	2.1	2.3	2.1	2.2	2.4	6.27	12.20	
		P	4.0	4.1	4.0	4.1	4.2			
		A	1.9	2.1	1.9	2.2	1.7	5.93		12.20
		P	4.0	3.9	3.7	4.1	4.0			
		<hr/>								
4	Jesper Mark Fly Hansen / / (DEN - Lyngby Taekwondo Klub)	A	2.1	2.0	1.6	2.2	2.3	6.03	12.03	
		P	4.1	3.8	3.8	4.0	4.0			
		A	2.2	2.1	1.9	2.1	2.5	6.00		12.03
		P	4.0	3.8	3.6	3.9	3.9			
		<hr/>								
5	Ryan Jørgensen / / (DEN - Hwarang Taekwondo Herlev)	A	2.1	1.8	1.6	2.0	2.1	5.87	11.60	
		P	3.9	3.9	3.9	3.9	3.9			
		A	1.8	2.0	1.4	2.1	1.8	5.73		11.60
		P	3.8	3.9	3.7	3.9	3.9			
		<hr/>								
6	Nikolas Stahlschmidt / / (DEN - Lyngby Taekwondo Klub)	A	1.9	1.6	1.2	1.6	2.2	5.53	11.20	
		P	3.8	3.9	3.8	3.8	4.0			
		A	1.7	2.2	1.8	1.8	2.0	5.67		11.20
		P	3.8	3.8	3.6	3.8	3.9			
		<hr/>								
7	Elias Kjær-Westermann / / (DEN - Lyngby Taekwondo Klub)	A	1.8	1.1	0.9	1.5	1.5	5.03	10.03	
		P	3.7	3.6	3.7	3.5	3.9			
		A	1.2	1.8	1.0	1.7	1.2	5.00		10.03
		P	3.7	3.6	3.5	3.6	3.7			
		<hr/>								

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 26. Individual B - 18-30 years - Female - Competitors: 4 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Vanessa Borgen / / (DEN - Bornholm Taekwondo Club HAE SUNG)								
		A	2.4	1.8	1.9	2.5	2.4	6.17	12.60
		P	4.0	3.8	3.8	4.0	4.0		
		A	2.3	2.6	1.9	2.5	2.5	6.43	
		P	4.0	4.0	3.8	4.0	4.1		
2	Monique Brændbyge / / (DEN - Skanderborg Moo Sa)								
		A	2.3	2.1	1.4	1.8	2.3	6.00	12.10
		P	4.0	4.0	3.7	3.9	3.9		
		A	2.3	2.5	2.1	2.1	2.3	6.10	
		P	3.9	3.9	3.8	3.8	4.0		
3	Emilie Dalsgaard / / (DEN - Yong Do Kwan Taekwondo)								
		A	2.2	1.9	1.8	2.2	2.4	6.03	12.00
		P	4.0	3.9	3.6	4.0	3.9		
		A	2.0	2.1	1.8	2.3	2.1	5.97	
		P	3.9	3.9	3.7	3.9	3.9		
4	Cindy Nguyen / / (DEN - Kolding Taekwondo Klub Sil'la)								
		A	1.9	1.7	1.8	1.9	2.3	5.73	11.40
		P	3.9	3.8	3.7	3.9	4.0		
		A	2.2	1.6	1.7	1.7	2.0	5.67	
		P	4.0	3.9	3.8	3.7	3.9		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 27. Individual C - 18-30 years - Male - Competitors: 2 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total
1	Morten Mendes / / (DEN - Fredericia)							
		A	2.3	1.8	1.9	2.3	2.3	
		P	3.9	3.9	3.9	3.9	4.0	6.07
		A	1.9	1.8	1.7	2.2	1.8	
		P	4.0	4.0	3.9	3.9	3.9	5.77
								11.83
2	Erik Canter / / (DEN - Aalborg Taekwondo)							
		A	2.3	1.6	2.0	2.1	1.7	
		P	3.8	3.6	3.8	3.8	3.7	5.70
		A	1.6	1.5	1.3	2.1	1.3	
		P	3.8	3.6	3.6	3.7	3.6	5.10
								10.80

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 29. Individual A - 31-40 years - Male - Competitors: 3 - Final

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Esben Dall Hansen / / (DEN - Aarhus Syd Taekwondo)	A	1.9	2.3	2.4	2.5	2.5	6.50	12.70
		P	4.1	4.1	4.1	4.0	4.1		
		A	2.2	1.9	2.2	2.2	2.7	6.20	
		P	4.0	4.0	4.2	3.9	4.0		
		2	Mark Hagbarth Lin / / (DEN - Yong Do Kwan Taekwondo)	A	1.4	2.3	1.8	2.1	
P	4.0			3.9	3.7	4.0	4.0		
A	1.8			1.5	1.6	2.0	1.6	5.50	
P	3.8			3.8	3.8	3.9	3.9		
3	Ulrik Pedersen / / (DEN - Brande Taekwondo Klub)			A	2.0	1.9	1.7	1.3	1.8
		P	3.8	3.7	3.6	3.7	3.8		
		A	1.1	1.4	1.5	2.2	1.9	5.37	
		P	3.8	3.7	3.7	3.8	3.8		

# Tommerup Cup 2022 – Poomsae

*23 April 2022*

## Semi-Final Results

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 15. Individual B - 15-17 years - Female - Competitors: 10 - 1st Round

Position	Name	J1	J2	J3	J4	J5	Avg.	Total
1	Anemone Linderoth / / (DEN - Risskov)	A 2.5	2.4	2.4	2.5	2.1	6.47	13.00
		P 4.2	4.1	4.0	3.8	4.0		
		A 2.6	2.2	2.6	2.6	2.1	6.53	
		P 4.1	4.0	4.1	4.0	4.1		
2	Eva Høgh / / (DEN - Risskov)	A 2.5	2.1	2.5	2.3	2.2	6.37	12.73
		P 4.2	4.0	4.0	4.0	4.1		
		A 2.1	2.2	2.5	2.4	2.2	6.37	
		P 4.2	4.1	4.1	4.0	4.1		
3	Lærke Baltzersen / / (DEN - Brande Taekwondo Klub)	A 2.3	1.9	2.6	2.4	2.3	6.20	12.43
		P 3.9	3.9	3.9	3.6	3.8		
		A 2.4	2.1	2.5	2.6	2.2	6.23	
		P 3.8	3.9	3.9	3.7	3.9		
4	Adna Kovacevic / / (DEN - Kolding Taekwondo Klub Sil'la)	A 1.3	2.1	2.6	2.7	1.8	6.10	12.33
		P 3.6	4.1	4.0	3.9	3.9		
		A 2.5	2.0	2.6	2.2	2.1	6.23	
		P 4.0	4.0	4.0	3.7	3.9		
5	Jessica Koefoed-Precht / / (DEN - Hvidovre Poomsae Team)	A 2.0	2.1	2.1	2.3	1.8	5.90	11.90
		P 3.9	3.8	3.9	3.8	3.6		
		A 2.2	2.0	2.3	2.3	2.0	6.00	
		P 3.9	3.9	3.9	3.6	3.7		
6	Anna Faarvang Hansen / / (DEN - Skanderborg Moo Sa)	A 1.9	2.0	2.4	2.2	2.0	6.03	11.87
		P 3.7	4.1	4.0	3.8	4.1		
		A 2.1	1.9	2.4	2.0	1.8	5.83	
		P 3.7	3.9	3.9	3.6	3.9		
7	Louise Pedersen / / (DEN - Fredericia)	A 2.4	1.9	2.4	2.0	1.9	5.87	11.77
		P 3.8	3.7	4.0	3.8	3.7		
		A 2.1	2.0	2.5	2.2	2.2	5.90	
		P 3.6	3.8	3.9	3.7	3.7		
8	Linea Haar / / (DEN - Slagelse Tong II)	A 1.6	1.7	2.2	1.9	1.8	5.57	11.53
		P 3.5	3.7	3.9	3.8	3.8		
		A 2.1	2.0	2.3	2.2	2.1	5.97	
		P 3.5	3.9	3.9	3.9	3.7		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 15. Individual B - 15-17 years - Female - Competitors: 10 - 1st Round

Position	Name	J1	J2	J3	J4	J5	Avg.	Total
9	Salma Bismir / / (DEN - Vejle Taekwondo Klub)							
	A	1.4	1.4	1.9	2.0	1.9	5.30	10.13
	P	3.5	3.5	3.6	3.8	3.6		
	A	1.5	1.3	1.6	1.6	1.4	4.83	
	P	3.3	3.3	3.4	3.5	3.2		
10	Astrid Katrine Olesen / / (DEN - SOO BAK Tommerup Taekwondo)							
	A	0.7	1.0	1.4	1.1	0.4	4.30	8.70
	P	3.4	3.4	3.3	3.4	3.2		
	A	1.0	0.7	1.0	1.3	1.3	4.40	
	P	3.2	3.3	3.1	3.4	3.4		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 16. Individual A - 15-17 years - Female - Competitors: 9 - 1st Round

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Laura Isabel Nancke / / (DEN - Skanderborg Moo Sa)	A	2.8	2.4	2.3	2.6	2.7	6.77	13.40
		P	4.3	4.2	4.2	4.2	4.2		
		A	2.6	2.3	2.3	2.5	2.4	6.63	
		P	4.1	4.2	4.2	4.3	4.3		
2	Annebell Tamayo Wittendorff Ibsen / / (DEN - Gangnam Sportstaekwondo Denmark)	A	2.5	2.1	2.4	2.8	2.4	6.67	13.17
		P	4.4	4.3	4.2	4.2	4.2		
		A	2.3	2.0	2.2	2.3	2.4	6.50	
		P	4.3	4.3	4.3	4.1	4.1		
3	Liv Kældsø Poulsen / / (DEN - Team Odense Taekwondo)	A	2.3	2.3	2.1	2.7	2.5	6.30	12.37
		P	3.9	4.1	3.9	4.0	3.9		
		A	2.2	2.1	2.1	2.2	1.9	6.07	
		P	4.0	4.0	3.9	3.9	3.9		
4	Alexandra Cotiga / / (DEN - Gangnam Sportstaekwondo Denmark)	A	2.6	2.5	2.3	2.5	2.3	6.50	12.33
		P	3.9	4.1	4.2	4.1	4.0		
		A	1.6	1.3	2.1	2.2	1.7	5.83	
		P	3.6	3.9	4.1	4.1	4.1		
5	Signe Damgaard / / (DEN - Skanderborg Moo Sa)	A	2.2	2.1	2.1	2.4	2.6	6.20	12.30
		P	4.1	3.8	4.0	4.0	3.9		
		A	2.3	2.4	2.0	2.2	2.1	6.10	
		P	4.0	3.9	3.9	3.8	3.9		
6	Nanna Bonnichsen / / (DEN - Aabenraa Taekwondo Klub)	A	1.8	2.0	2.1	2.5	2.4	6.13	11.97
		P	3.7	3.9	4.0	4.0	4.0		
		A	1.9	2.0	1.7	2.6	2.0	5.83	
		P	3.6	3.8	3.9	4.0	3.9		
7	Maria Faarkrog-Søgaard / / (DEN - Skive Taekwondo Club)	A	2.4	1.8	1.9	2.5	2.1	5.97	11.87
		P	3.8	3.8	3.8	3.9	3.9		
		A	2.0	2.0	2.0	2.4	1.6	5.90	
		P	3.7	3.9	3.9	3.9	4.0		
8	Amalie Pedersen / / (DEN - Chung Moo, Hinnerup Taekwondo Klub)	A	1.9	2.1	1.8	2.5	2.2	5.83	11.20
		P	3.5	3.7	3.8	4.0	3.8		
		A	1.4	1.4	1.7	1.8	1.9	5.37	
		P	3.3	3.6	3.8	3.8	3.8		



# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 16. Individual A - 15-17 years - Female - Competitors: 9 - 1st Round

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
9	Thea Bødker Jensen / / (DEN - Sin Sung Solrød)								
		A	1.6	1.9	2.2	2.0	1.7	5.57	11.00
		P	3.4	3.5	3.9	3.8	3.8		
		A	1.5	1.9	1.8	2.2	1.8	5.43	
		P	3.3	3.4	3.8	3.8	3.6		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 17. Individual C - 12-14 years - Female - Competitors: 11 - 1st Round

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
1	Emma Au-Nguyen / / (DEN - Hwarang Taekwondo Herlev)	A	2.5	2.6	2.4	2.6	2.2	6.67	13.40
		P	4.2	4.2	4.1	4.3	4.1		
		A	2.4	2.7	2.5	2.5	2.5	6.73	
		P	4.2	4.2	4.1	4.3	4.4		
2	Naja Nancke / / (DEN - Skanderborg Moo Sa)	A	2.3	2.2	2.0	2.0	2.0	6.10	12.57
		P	4.0	4.1	3.9	4.0	4.1		
		A	2.3	2.6	2.3	2.6	2.3	6.47	
		P	3.9	4.1	3.9	4.2	4.3		
3	Mille Bille Simonsen / / (DEN - Skanderborg Moo Sa)	A	2.1	1.9	1.7	1.8	1.9	5.90	11.80
		P	4.1	4.2	4.0	4.0	3.9		
		A	1.9	2.1	1.9	2.5	1.3	5.90	
		P	4.0	3.9	3.9	4.1	3.9		
4	Nathalie Lütken / / (DEN - Islev Taekwondo)	A	1.7	2.0	1.6	1.8	1.2	5.53	11.60
		P	3.9	3.8	3.7	3.8	3.9		
		A	2.3	2.3	2.1	2.4	1.8	6.07	
		P	3.8	3.8	3.8	3.9	4.1		
5	Kaya Hasse Fortner / / (DEN - Islev Taekwondo)	A	1.7	1.4	1.2	1.5	1.1	5.07	10.80
		P	3.8	3.9	3.6	3.7	3.6		
		A	2.2	2.2	2.1	1.6	1.8	5.73	
		P	3.7	3.9	3.7	3.7	3.5		
6	Julie Balken / / (DEN - Kolding Taekwondo Klub Sil'la)	A	0.8	1.4	1.6	1.4	1.0	4.97	10.73
		P	3.6	3.7	3.8	3.8	3.6		
		A	2.2	2.3	1.9	1.9	1.7	5.77	
		P	3.7	3.9	3.7	3.8	3.8		
7	Yen Pham / / (DEN - Yong Do Kwan Taekwondo)	A	2.0	0.8	1.5	1.3	0.9	4.93	10.47
		P	3.7	3.7	3.7	3.7	3.5		
		A	1.3	1.7	2.3	2.0	1.7	5.53	
		P	3.6	3.7	3.7	3.8	3.9		
8	Freja Hjarsbæk Bach Hansen / / (DEN - Skanderborg Moo Sa)	A	1.0	0.9	1.3	1.2	1.1	4.80	10.43
		P	3.6	3.8	3.7	3.7	3.7		
		A	1.7	2.1	2.2	1.8	1.3	5.63	
		P	3.7	3.7	3.8	3.8	3.9		

# Tommerup Cup 2022 - Poomsae

Tommerup  
23 APR 2022

## Results 17. Individual C - 12-14 years - Female - Competitors: 11 - 1st Round

Position	Name	J1	J2	J3	J4	J5	Avg.	Total	
9	Christine Skov Christensen / / (DEN - Svendborg Taekwondo Se Jong)	A	0.4	0.2	0.7	0.4	0.8	3.97	9.17
		P	3.5	3.5	3.4	3.6	3.4		
		A	1.9	1.7	1.4	1.8	1.0	5.20	
		P	3.5	3.6	3.6	3.7	3.4		
10	Isobel Staunsager / / (DEN - Islev Taekwondo)	A	1.3	1.1	1.1	0.9	1.6	4.73	8.90
		P	3.8	3.6	3.5	3.6	3.5		
		A	1.1	0.7	0.9	0.4	0.1	4.17	
		P	3.6	3.5	3.5	3.5	3.3		
11	Anna Louise Olesen / / (DEN - SOO BAK Tommerup Taekwondo)	A	1.0	0.2	0.9	0.6	0.6	4.17	8.83
		P	3.5	3.5	3.6	3.4	3.3		
		A	0.9	1.3	1.6	1.0	1.2	4.67	
		P	3.7	3.5	3.5	3.5	3.4		