



# Frederikssund Taekwondo International electronic Camp August 3-7 2016

Program will  
follow soon

Price 87 EUR/47 EUR



In cooperation with



FREDERIKSSUND  
KOMMUNE



**Master Ioakim Pechlivanis**

- 7. dan Kukkiwon
- Former official coach of the Greek national team.
- Official examiner of dan Kukkiwon-ETU-ELOT

**Master Nick Foged**

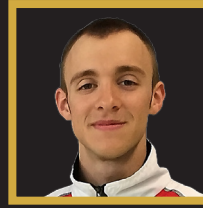
- 4. dan Kukkiwon
- Diploma-Sport in Danish sports federation, mental coach education
- Diploma-Sport in Danish sports federation, coach education

**Master Tommy Legind Mortensen**

- 6. dan Kukkiwon,
- Former national coach
- Diploma-Sport in Danish sports federation

**Mr. Rahim Elidrissi**

- 1. dan
- 5 times Danish Champion in year 2010, '12, '13, '14 and '15, senior -80 kg category in every year

**Mr. Norbert Székely**

- Technical adviser in electronic fight systems
- 3. place Worldqualification games for Youth Olympic Games in Mexico Tijuana

## Invitation 1st. International Electronic Camp 2016

Frederikssund Taekwondo hereby invites to the 1. International Electronic Camp.

The camp is aimed to high-level fighters from cadet level to elite level, who practice Olympic sports Taekwondo and who is participating in official WTF match events. There will be focus on electronic training and education in technics and training methods with some of the best masters. There will be 2 times 500 kvm. TKD floor. In total 10 fully equiped electronic courts with electronic helmets.

**Date:**

August 3-7 2016

**Place:**

Aadalens school north, Kornvaenget 2, 3600 Frederikssund, sports hall 1+2. Accomodation for free in school classrooms. Some with privacy if needed.

**Participant:**

Cadet: Born in the years, 2004, 2003 and 2002

Junior: Born in the years, 2001, 2000 and 1999

Senior: Born in 1998 or earlier

**Price:**

Camp fee: EUR 87,-

Meals 5 days: EUR 47,-

Payments will go through DTaF.

**Contact for more info:**

Frank Gene Farnes, Frederikssund Taekwondo Klub

Email: dkfarn@coloplast.com, fgfarnes@gmail.com, Mobil: +45 49 11 45 71

# International KP&P Electronic Sparring Camp 2016

For the first time in Denmark, we invite You to an international all electronic Sparring Camp.

Besides the well known, Dae do 1. Generation system, we introduce the KP&P electronic registration system. The system is used in many of the International G tournaments and we will offer sparring on five fully KP&P equipped courts. As advisor and expert, Technical manager for KP&P Korea, Mr. Norbert Székely from Bonn- Germany will at your disposal.

There will be held a KP&P point system seminar, conducted by Norbert Székely.

## Info regarding payment:

Payment for the camp and catering by foreign participants, as well as payment for catering only (Coach's, relatives and friends), that are not participating in training, can be made to following Bank account:

Danske Bank, reg.no.1551 account 1579703, swift DABADKKK

Remember to mark the transfer, with club name or name of the participant.

You need to send a following mail list of participants and bystanders, that wishes only to join the catering arrangement, be sure to clearly note how many times Participants Camp fee, and how many times Catering fee you have payed for.

We will also like to have data of t-shirt size for each participant, from XXS to XXL.

KP&P socks can be bought at the camp, but also as pre-ordering. Please use the same account as above for this. The price will be 60EUR. Remember to send mail with size.

## Accommodation info:

Accommodation is free in separate school class rooms, after the first order first served principle. All need to bring there own sleeping equipment.

	Wednesday 3-8	Thursday 4-8	Friday 5-8	Saturday 6-8	Sunday 7-8
08:00-09:00		08:00-09:00 breakfast	08:00-09:00 breakfast	08:00-09:00 breakfast	08:00-09:00 breakfast
09:00-11:00		09:30-11:00 Morning training Coach ——— Junior/Senior	09:30-11:00 Morning training Coach ——— Junior/Senior	09:30-11:00 Morning training Coach ——— Junior/Senior	09:30-11:00 Morning training Coach ——— Junior/Senior
11:00-13:00		11:30-12:30 lunch	11:30-12:30 lunch	11:30-12:30 lunch	11:30-12:30 lunch
13:00-14:30	13:00-15:00 Arrival / welcome Registration	13:00-14:30 Technical training Coach ——— Junior/Senior	13:00-14:30 Sparring-KP&P/ Daedo Coach ——— Kaddet's & Junior/ Senior	13:00-14:30 Sparring-KP&P/ Daedo Coach ——— Kaddet's & Junior/ Senior	13:00-14:30 Ending Awards All Coaches/all Athletes Kaddet's & Junior/ Senior
14:30-15:00		14:30-15:00 fruit and juice break	14:30-15:00 fruit and juice break	14:30-15:00 fruit and juice break	End of Camp
15:00-17:00	15:00-17:00 Welcome Training Coach ——— Kaddet's & Junior/ Senior	15:00-16:30 Open Sparring All Coaches Kaddet's & Junior/ Senior	15:00-16:30 Sparring-KP&P/ Daedo All Coaches Kaddet's & Junior/ Senior	15:00-16:30 Sparring-KP&P/ Daedo All Coaches Kaddet's & Junior/ Senior	
17:00-19:00	17:30-19:00 Dinner	17:30-19:00 Dinner	17:30-19:00 Dinner	17:30-19:00 Dinner	
19:00-22:30	19:00-20:30 Evening fun	19:00-20:30 Evening fun	19:00-20:30 Evening fun	19:00-20:30 Evening fun	
23:00	23:00 goodnight ☺	23:00 goodnight ☺	23:00 goodnight ☺	23:00 goodnight ☺	