



To all Heads of Team

**IMPORTANT INFO !**  
**WELCOME TO DANISH OPEN POOMSAE 2023**

We've been looking forward to welcoming you back to one of our major Danish Poomsae events.

<b>SCHEDULE:</b>	07.45	Venue opens
	08.45-08.55	Head of Team meeting
	09.00-12.00	Competition
	12.00-13.00	Lunchbreak
	13.00-18.30	Competition
	18.30-	Medalceremony
	Changes may apply !	

**TIMETABLE GROUPS:** See separately. Tournament type: Cut off system will be used in all categories.

Group I-17-F-B and in group I-14-M-C both with 9 participants, will go direct to the Final due to our Schedule and resources. We hope for your understanding.

**REGISTRATION:** We expect all registered competitors to take part, so registration on site is not required. But if you/your team have changes or no-shows on site, please let us know at the information desk. **If you have changes before arriving, please send them by mail to Lena Harms here:**  
[staevederteknik@taekwondenmark.dk](mailto:staevederteknik@taekwondenmark.dk)

**COACHES:** Coaches must be 15 Years or older and wear proper clothing.

**DRESSINGROOMS:** Dressingrooms are under the spectator stand.

**WARM UP:** We refer all warm up activities to Hall 3 – Access is behind the big LED screen.

**RESTAURANT/CAFÉ:** Fælledhallens restaurant/cafe is open.

**CLEAN UP:** Please help us keep the Hall and other areas clean during the day and after Danish Open ends.

**MEDALCEREMONY:** We expect to do most of the Medal- and Awards ceremony at the end of the Tournament, but might take some of the Morning Categories in the Lunchbreak. Info will be made in the venue during the Morning session.

**ENTRE:** Free

**We thank you for supporting us and the Danish Open 2023. We wish you all the best "on the floor"!**

Please come back to Skanderborg again at:

FIGHTX OPEN – OPEN KIEREUGI AND POOMSAE TOURNAMENT - SEPTEMBER 24<sup>TH</sup> 2023 &  
DANISH OPEN POOMSAE JUNE 1<sup>ST</sup> 2024

Best regards

The Danish Taekwondo Federation  
Promotor

Skanderborg Moo Sa Taekwondo Club  
Organizer